



## KUNJARI KARPAM



### Ingredients:

- Elemental Sulphur
- *Ocimum basilicum*

### Action:

Kunjai Karpam acts on Menorrhagia and Leprosy.

### Indications:

Kunjai Karpam can be useful for the following conditions

- Menorrhagia
- Anxiety
- ADHD
- Stress
- Depression
- Mood swings.

### Dosages and direction for use:

Dose	Supporting drug	Supporting drug Strength	Carrier	Carrier Strength	Morning	Evening	Before food	After food	No.of days
120 ~ 360 mg	-	-	Ghee	10 ml	Y	Y	Y	-	100

**Direction** : - Take the prescribed quantity of Kunjari Karpam mix with 10 ml of Ghee and consume. 30 minutes before food.

### Diet Instructions:

Eat Vegetarian Food, Must not eat Mustard, Mustard oil, Sesame seed, Sesame oil, Tamarind, Bitter gourd, Bottle gourd, August tree leaves, Pumpkins.

### Side Effects:

Kunjari Karpam is not known for any known side effects if taken as per the prescribed dose along with diet instruction.

**Note:** The above information are for reference only. The actual usage of the medicine will be advised by physician based on the disease condition.